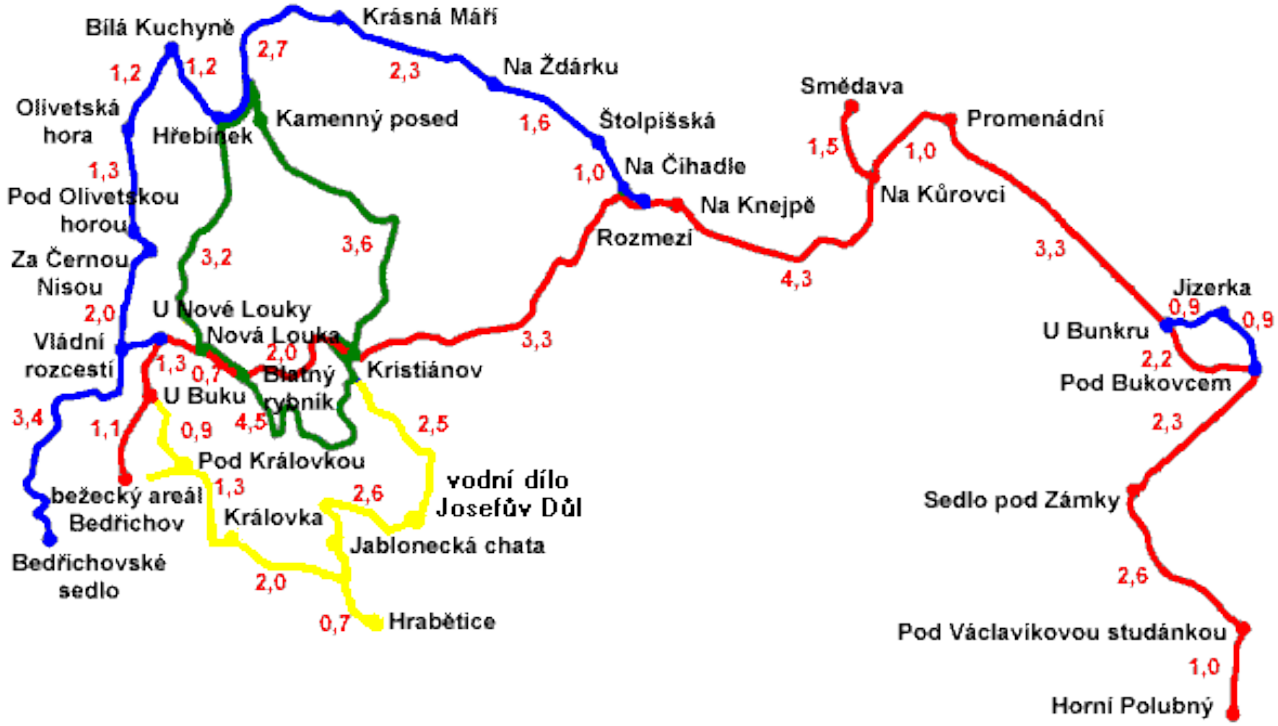Jizerská lyžařská magistrála